



SAWTELL SLSC



Sawtell SLSC is located on the lands of the Gumbaynggirr Aboriginal people, who are the Traditional Custodians of the lands and waters from which the Club operates. Sawtell SLSC pays our respects to the Traditional Custodians and their Elders past and present.



Message from the President

Hello Sawty Crew.

How amazing has the weather been? Let's hope we have an amazing patrol season and we all enjoy our beautiful beach and keep everyone safe. Your committee has been working towards making your club the best it can be and we hope to continue doing so.

We will soon have the new FOB's up and running which will bring the club up to date for access and easier to monitor for security.

Shelley your club captain has put hours into negotiating the best patrol hours for you all with State SLS and looking after you all so you can be your best on the beach.

So many helpers have spent time around the club keeping it looking its best, and also behind the scenes with paperwork. Not to mention the coaches, trainers, publicity crew and the list goes on.

If you get the opportunity let them know you are grateful. They don't get paid, but a thanks is worth more than money sometimes.

Please check out the training and proficiency dates. Get in early and grow your knowledge base to be your best self, not only on the beach but in life.

Thank you all for being part of our club. You are all valued.

Stay safe.

Swim between the flags.

See you on the beach.

President

Sean Golding



Message from the Club Captain

It is time to get back into the swing of things with Patrols kicking off across the state this Sunday 28th September. The weather over the past month or so has had patches of unseasonably warm weather which has seen Sawtell beach a hive of activity. We are running on 10 patrol teams again this season and will be operating under a new Life Saving Agreement ("LSA").

We have been involved with many meetings with SLSNSW in regard to the LSA with SLSNSW presenting the Club with a number of different variations. We have now agreed and signed a new LSA which will be in place for the next two years. The agreement whilst has differing hours from what we have traditionally been used to, does provide the Club with some favourable options which now include our members doing an all-day patrol from 9am to 3pm patrol for the first two weeks at the beginning of and end of the season. This results in our members having to do fewer patrols over the season.

The pre-season meeting will be held this week, and all patrol captains and vice captains are recommended to attend along with any other patrolling member. You are all welcome.

I would also like to congratulate Dave Eiler for stepping up to be Vice Patrol captain on Patrol 4, and also sincerely wish to thank Ian Dellar who has retired from patrolling and successfully lead and captained Patrol 4 for many years. Your dedication and commitment and support of the Club and the community is certainly appreciated.

I would also like to thank all those members who have participated in additional courses over the winter, whether than be IRB crew, IRB Driver, or Advanced First Aid, Silver Medallion Aquatic Rescue – all of which are very beneficial courses which provides you with the additional skills our Club is needing to continue to be viable. Thank you.

We have also commenced with our proficiencies for both the composition of the SRC & Bronze award plus the IRB. Thank you to those members who have completed the online components and attended over the weekend.

If you have not registered to attend a proficiency, please do so at your earliest convenience as it is imperative for all patrolling members to be signed off proficient before the end of December 2024. Please keep your eye out for further dates for proficiencies to ensure that your awards are current for the season.

As I have mentioned in previous messages, we also have a number of patrols who are light on patrolling members or members who hold the minimum requirement of skill (IRB, Patrol Captain, Advance First Aid). Thank you to the members who are already accepting patrol swaps to help each other out and for volunteering to do additional patrols when needed. It is really important that we try and support those patrols that are light in numbers until we

can build them up again, as this will assist the Club in keeping a minimum of 10 patrolling teams.

The Club has purchased a new Side x Side vehicle for the season. We will be inducting members to the new vehicle over the next coming weeks. Part of the funds for this vehicle came from the efforts of patrolling members who participated in the raffles at the Sawtell Bowling Club. The Club has also ordered two new surf rescue boards from the Beach Safety Equipment Fund (BSEF) grant money, and they should be arriving over the next few weeks.

Thank you to those members who helped out with the recent gear inspection of our Club. We successful passed, however a lot of work went into making sure our boards were in good working order as well as the patrol gear, first aid supplies, IRB's and motors, plus our rescue tubes were all fit for purpose. A big job!

If anyone else is needing any renewed patrol gear, please let me know so we are prepared for the season.

Thanks again for continuing to patrol, we are looking to have a great season.

See you all on the beach.

Cheers



Shelley Lantry 0438 518 103

Clubcaptainsawtellsisc@gmail.com



Message from Chief Training Officer

The next Bronze course is starting with an information session on **Sunday 13 October**.

If you know anyone interested, please invite them to this information session. The cost is \$175 which includes 2 yrs. membership, patrol uniform and manual.

Prerequisites of this course is you must be able to swim 400m unaided under 9 minutes in a pool and be 15 years old at the time of assessment.

SKILLS MAINTENANCE

Members are required to complete the annual skills maintenance online component prior to attending any practical session.

To access the online component, there are two options available.

Mobile Device:

- > Download from the Apple store or Google store, the app 'SLS learning' (etraining).
- > Use your members portal username and password.
- > Click on 'My Training'.
- > Click on 'Skills Maintenance 2024/25 Bronze Medallion Theory'.
- > Complete all sections.

Desktop:

- > Access your members portal account <https://members.sls.com.au>
- > Click on 'elearning'.
- > Click on 'Login to elearning'.
- > Click on 'My Training'.
- > Click on 'Skills Maintenance 2024/25 Bronze Medallion Theory'.
- > Complete all sections.

2024/2025 MEMBERSHIP

RENEWALS

Membership renewals are now open on the SLS NSW members portal. Please make your membership payment at the time of renewing. Reminder there is a \$20 discount for patrolling if you register and pay before September 30.

Approved fees for this coming season 2024/25 are as follows:

All Patrolling Members **\$70 ***

Active Reserve **\$70**

Past Active **\$70**

Long Service **\$70**

Associate Members **\$120**

General Members (Nipper Parents) **\$70**

Juniors U6, U7 **\$75**

U8-U14 one nipper **\$130**

U8-U14 two nippers **\$250**

U8-U14 three nippers **\$330**

* Discount of \$20 if paid by 30 September

PROFICIENCY DATES



BRONZE/SRC 21 SEPT

IRB 22ND SEPT

BRONZE/SRC 26TH OCT

IRB 26TH OCT

BRONZE/SRC 23RD NOV

IRB 24TH NOV

Please register and complete your online modules prior to attending.



Arrive 7:45am for an 8am sharp start. (If more than 15 minutes late you will not be able to join in)



12 DATES

- | **FIRST DAY OF PATROL**
28 September
Sawtell
- | **CLUB/ NIPPERS OPEN DAY**
29 September
Sawtell
- | **COOLANGATTA GOLD**
12 October
Coolangatta
- | **FIRST DAY OF NIPPERS**
13 October
Sawtell
- | **BRONZE INFORMATION SESSION**
13 October
Sawtell
- | **BRONZE/ IRB PROFICIENCY**
26 October
Sawtell
- | **JETTY CARNIVAL**
27 October
Jetty Beach
- | **WOOPI CARNIVAL**
10 November
Woolgoolga
- | **BRONZE PROFICIENCY**
23 November
Sawtell
- | **IRB PROFICIENCY**
24 November
Sawtell
- | **FAST FIVE CARNIVAL**
17 December
- | **NIPPERS CHRISTMAS MORNING**
15 December
Sawtell

Nipper News

It has been a great lead up to this year's nipper season. The number of kids attending board training at Jetty Beach has been amazing. The beginner's group of board paddlers have been full of smiles and laughter. Please come to board training and join in on the fun.

The swim proficiencies were recently held at the aquatic centre, it was fantastic to see our new and returning nippers. If you were unable to attend the proficiency day you can get your swim instructor to complete the assessment.

During the October school holidays we will have 25 Sawtell nippers joining 120 nippers from Manly SLSC honing their skills and meeting new friends during a three-day training camp. A huge thank you to all the club members who have volunteered their time to assist in the running of this event.

Currently there is opportunities for sponsors to join the Sawtell Nipper community, if you would like any further information, please contact Naomi jacompetitionsawtellslsc@gmail.com

We are always looking for support from nipper parents with the running of the nipper program. There are many ways you can get involved so please reach out to your age manager, coach or the committee members I would like to take this opportunity to welcome our new members to the Sawtell Surf Club community.

I look forward to seeing everyone on the beach on **Sunday 13 October** for the first nipper's session of the season.

Matt Herbert
Chairperson JASC

Sponsorship Opportunity

SAWTELL SLSC

If you are interested or know someone who would be interested in sponsoring our club for the 2024-25 season, please contact Sarah at sponsorshipsawtellslsc@gmail.com

Competition Manager's Report

Gearing Up for an Exciting Surf Sports Season!

The season is fast approaching and it has been wonderful to see so many enthusiastic and excited members joining our pre-season training sessions. We have a great team of coaches and assistants supporting our programs this season, each volunteering their wealth of knowledge and time to develop our athletes.

As we prepare for the season, we have been working hard to build the endurance and strength of our athletes, to develop the skills of our beginners and to have fun with our mates.

Our first carnivals of the season are coming up, with teams heading to Forster Weekend of Surf and the Coolangatta Gold in October, before our local carnivals later in the month and start of November. Our junior members are also looking forward to training and catching up with friends at the Manly Camp during the upcoming holidays.

All members, no matter age or ability, are welcome to join our sessions. They are a great way to improve and maintain your health, learn new skills and challenge yourself.

Our training schedule has been shared via our Surf Sports WhatsApp community. Please reach out if you would like to learn more or be added to our WhatsApp group.

Let's make this season unforgettable, filled with dedication, hard work, and of course, plenty of fun. We can't wait to see what everyone will achieve! Go Team Sawtell!

FACILITY USE

The Club appreciates the use being made of our facility through regular on-going classes and other one-off hires. As a matter of courtesy all hirers are contacted after use as to whether they have encountered any issues with most of the feedback being extremely positive.

Regular classes are:

Gentle Exercise Mon & Thurs Lyn Hollyman – 6658 5777

Tai Chi Wed Angela Lopes - 0400 336 273

Yoga Mon & Wed Natalie Almond - 0411 494 926

Drumming Wed Kai Tipping - 0406 164 690

Zumba Mon, Wed & Fri Deb Leaney - 0407 935 199

Choir Thurs Andrew Davis - 0438 883 840

Pre School Ballet Thurs, Fri & Sat Tara Greenway - 0409 355 373

Ukulele Jam Session Sat (once a month) Stephanie Sims - 0412 346 713

Please contact these presenters if interested.

The current clubhouse, admittedly with a number of big improvements, was opened in 1982. Such clubhouse was largely built on the efforts of the local community so it is pleasing it can be used for regular community classes. Whilst undoubtedly good for the Kiosk it also allows the Club to be a focus of Sawtell.

The downside is that its use may impact in some minor way on Club members. Given there are 3 rooms (auditorium, training and members) with three entrances into the Club with goodwill from all involved such impact should be minimal at best so please consider other users.

If you are aware of anyone looking for a space to use please ask them to email facilitybooking@sawtellsurfclub.com.au

SENIORS



CONTACT

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COMMITTEE & CLUB EMAILS

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JUNIORS



○ COMMUNITY | ○ PLANNING | ○ PROFICIENCY

Our Club, a place to Belong, Grow and be Safe

www.sawtellsurfclub.com.au

SPONSORS

MANY THANKS