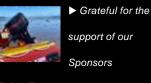




Nippers out and



Can you assist?



PAGE 3

COFFS



about



CLUB

Δ



SAWTEL! **SLSC**

Sawtell SLSC is located on the lands of the Gumbaynggirr Aboriginal people, who are the Traditional **Custodians of the** lands and waters from which the Club operates. Sawtell SLSC pays our respects to the Traditional **Custodians and** their Elders past and present.





Message from the President

Hello Sawty crew. I hope everyone has had a safe and happy time over the holidays.

The club is looking fantastic with a new roof almost complete, the air conditioners are currently being installed and our members doing their bit to help out with keeping the club looking neat and tidy. The committee doing their thing greasing the wheels behind the scenes to make sure our club continues to run, and we all get to benefit from a smooth operation.

Stay safe, swim between the flags, and I'll see you at the beach.

President

Sean Golding







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O | COUNTRY CHAMPIONSHIPS 26 – 28 January 2024 Warilla

O | IRB CREW & BRONZE COURSES STARTING February:Sawtell

O | BRONZE INFORMATION SESSION 5 February :Sawtell

O BRANCH CHAMPIONSHIPS CARNIVAL 11 February :Urunga

O | JUNIOR & SENIOR CLUB CHAMPIONSHIPS 8 February: Sawtell

O | SENIORS SOCIAL LAWN BOWLS 25 February: Sawtell

- O | STATE CHAMPIONSHIPS
- 7 17 March: Queenscliff
- O | NIPPERS AGM
- 17 March: Sawtell

O | NIPPERS PRESENTATION 24 March: Sawtell

O | IRB DRIVERS COURSE April: Sawtell

O COFFS COAST OCEAN SWIMS 7 April : Jetty Beach

O | AUSTRALIAN TITLES

13 – 21 April Sunshine Coast QLD

O │ SENIORS PRESENTATION NIGHT 11 May: Sawtell

Message from the Club Captain

How great is it to see a great summer period? The patrols are in full swing - except for a few preventative actions, it is a relief to report Sawtell Beach has been primarily incident free. The beautiful conditions have had the locals and visitors to our region coming down and enjoying our beaches knowing they have the watchful eye of our volunteering members looking out for them.

A FEW SHOUT-OUTS...

Christmas voluntary patrols - a very big thank you to our 47 patrolling members who gave up part of their day to ensure we could make our beach safe for those wanting a Christmas Day swim and ensure we met our patrolling obligations. Your commitment is very much appreciated and from all reports was a great day.

The newly proficient Bronze and SRC members – welcome and thank you for joining us and being committed to being a patrolling member. Every member on patrol makes such a difference. Your contribution, no matter how small, all plays a significant part of a successful patrol operation.

To all of our patrolling members – sincere thank you for taking the time to attend one or more of the proficiency sessions. You have made our job of ensuring our members are competent and proficient by 31 December a much easier task. I also thank you for your time patrolling our beaches over the summer season. With only 10 patrolling teams and the public holidays, patrols come around very quickly. You have all committed or found a swap to support each other. Great feedback is being received from the locals and visitors to the area on the patrolling commitment you all make. Congrats to you all.

As we now settle into the back end of the season, time to start thinking if there are any other awards or qualifications you would like to gain – maybe start talking to your Patrol Captain or Chief Training Officer, Andrew Martin.

Please keep an eye out for updates on the Club's Newsletter, webpage and Facebook page. This year we have decided to bring forward our IRB Crewpersons course and looking to start this in February. This essential services to our patrols and also a lot of fun. We are taking an Expression of interest now for this course please email your EOI to <u>IRBCaptainsawtellslsc@gmail.com</u> or text Scott Rayson **0429 805 602**. After the completion of the crewperson course the IRB Drivers course with follow shortly after.

You must be a proficient IRB Crewperson to be eligible for the IRB Drivers course. To do the IRB Crewpersons course, you must be at least 15 years of age as at the date of the Exam and hold a current Bronze Medallion. To do the IRB Drivers course, you must be 17 years of age at the date of the Exam, hold a current Bronze Medallion and current IRB Crewperson qualification.

Enjoy the rest of the summer and best of luck to our competitors in the up & coming carnivals. I am aware NSW Country championships are being held soon on the South Coast, closely followed by Branch carnival, Club championship & State.

Cheers

Shelley Lantry 0438 518 103



Clubcaptainsawtellslsc@gmail.com



Message from Chief Training Officer

A huge thank you to our trainers who have spent endless weekends at the beach doing in-depth proficiencies to ensure we are all proficient for yet another year. The Club took a new approach this year after coming out of COVID and in a bid to ensure we "shook off all the rust" – the IRB proficiencies included a dry land and water component; and the Bronze / SRC / Award proficiencies both dry land and water were conducted in great detail.

We have received such great feedback, and I am sure you all feel a lot more confident knowing that we have 'gone back to basics' and ensured everyone was comfortable. A few shoutouts to the training team; Andrew Martin, Steve Rayson, Scott Rayson, Fiona Lane, Neil Robertson, Shane Golden, Shelley Lantry and Lyn Hastings.

A new SRC / Bronze course will commence on 4 February 2024. Members completing either of these courses should commit to patrolling with the club. Without patrolling members, things like Nippers will not proceed.

There are some prerequisites for these courses: SRC a 200m pool swim in 5 minutes before the commencement of the course and Bronze a 400m pool swim in 9 minutes before the commencement of the course.

During the course, there will be online training that must be completed at your own pace and you must attend 4 x board training sessions during the course. The cost of the course is \$175.00 which includes 2 years of memberships and your patrol uniform.

If you would like to join, please email Andrew at trainingsawtellslsc@gmail.com

Congratulations to Lyn Hasting who has completed her Bronze Trainers Certificate this season. Thank you Lyn, for all your hard work with the Bronze courses and TAS. Within Surf Life Saving there are many different pathways then to be a patrolling member on our beach. If you would like to know more about the other options within Surf Lifesaving. Check out this link <u>https://www. surflifesaving.com.au/members/members-info/</u> education-pathways-nsw

> Andrew Martin 0419 485 401 trainingsawtellslsc@gmail.com



PHOTOGRAPHY

Any members who have any photos of any club activity and are prepared to share them with others! Please email the photos to <u>Socialmediasawtellslsc@gmail.com</u> These images may be used on club social media platforms including the Newsletter and would be much appreciated.





Congratulations to the following members who recently obtained awards.

O BRONZE MEDALLION

David Hoy Lily Bourne Maria Grau Colom Nicholas Stanger Toke Brunnekreef

O BRONZE TRAINER Lyn Hasting

O SRC

George Haynes Isaac Ryan Jett Pinder Maddison Graham Saul Easman Taylor Clarke

O FIRST AID Angus Waugh Ella Klinkers Gary Tisdell

O OFFICIALS Naomi Little Patricia Furey

O IRB DRIVERS

Angus Waugh

O ART

Angus Waugh Ella Klinkers



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Nipper News

Sawtell Nippers are well into the 2023-2024 season.

A very successful Christmas celebration was held - including a surprise visit from Santa. This is one of Sawtell Nipper's signature events, which is greatly anticipated by both Nippers and parents.

Sawtell Nippers were also looking forward to being a part of the parade which is a part of the Sawtell Family Fun Day. Unfortunately, the Parade was cancelled this year; however, we are looking forward to being a part of it in 2025! These events allow our Nippers to represent the Surf Life Saving organisation and contribute to the organisation's mission of building better communities. Volunteering at these community events demonstrates that there is a role for everyone, including our Nippers, at Surf Life Saving.

NIPPER CARNIVALS

The second annual Teams Carnival was held on Sunday 7 January at Woolgoolga. It was awesome to see clubs from Nambucca, Sawtell, and Woolgoolga, it was a great day of team events, look out for a bigger and better teams carnival in 2025. The next major carnival on the Nipper calendar after this is Country Championships which will be held at Warilla Barrack Point on January 26 - January 28, 2024.

Our Nippers have been training consistently over the school holidays, and on behalf of the Nippers and parents, I would like to thank all of the Coaches, Water Safety, IRB Drivers and Crew, and parents who have volunteered their time to make these sessions run smoothly.

There are also numerous Nippers who are also attending the State Age Championships at Queenscliff Surf Life Saving Club. We wish them well in their preparation for this prestigious event.

See you on the beach! Tiffany Easman Chairperson JASC









SUPPORTERS



The Club has once again been instructing 25 students comprising 15 males and 10 females from TAS to obtain their Bronze Medallion. This has been an ongoing arrangement for many, many years.

Surf Life Saving is one of the options for Year 11 students to take in their Activities Week with others being rural fire service, community service and cadets. The popularity of Surf Life Saving can be gauged by the number of students wishing to participate with our Club needing to restrict numbers to 25.

This year under the guidance of Neil Robertson and Lyn Hastings all 25 were successful with the examiner on the day (Jamie Marschke from Coffs Harbour SLSC) commenting very favourably on the standard all participants reached Neil and Lyn were ably supported by Terry de Carle (Boards), Dennis Meagher (First Aid), Mark Sherrin and Barry Walker(IRB) with Kevin Clancy, Peter Dawson Jeff Holmes and Libby and Angus Waugh all assisting in a range of ways. Without this level of support the program could not proceed. Whilst

Sawtell may not benefit from these students patrolling at Sawtell what is pleasing is to see the number who join other Clubs on leaving school or later in life – identifiable as having signed up as Sawtell SLSC members they need to transfer their membership to other Clubs.

SAWTELL BOWLING CLUB RAFFLE

The Sawtell Bowling Club has approached Sawtell SLSC to participate in a fundraising raffle on Friday evenings. The commitment from our Members would be for each Patrol to take turns providing two people to assist. Details of the proposal are:

 Sell Seafood Tray Raffle Tickets on Friday evenings at the Sawtell Bowling Club.

- > Two Club Members each Friday Night.
- > Start at 5pm and finish at about
- 7.30pm.

> To run over a 13 week block,

commencing in January 2024.

> The Seafood Trays cost \$100.00 (2 trays) All sales are banked by the Bowling Club each week, minus the cost of the Trays.

> After 13 weeks the profit is given to the Surf Club as a donation.

Please see the below roster for each patrol. If you can assist please let your patrol captain know.

Patrol 2 12 January Patrol 3 19 January Patrol 4 26 January Patrol 5 2 February Patrol 6 9 February Patrol 7 16 February Patrol 8 23 February Patrol 9 1 March Patrol 10 8 March

COFFS COAST OCEAN SWIMS

If you feel you would like to contribute to the success of the club but are not sure how or what you can do, then I have an event for you the Coffs Coast Ocean Swim.

For the last 3 years Sawtell SLSC has run this event for the community, we need your assistance to help with the running of the event.

Many jobs need to be done; ways you can assist include .:

- > Putting up of tents,
- > Getting up barricades
- > Cutting up fruit and filling up the water station
- > Running the refreshment station etc
- > Packing away tent, cleaning the beach
- > Packing away back at the Surf club
- > Helping with registrations at the yacht club
- > Water safety on board/ski paddlers, people on the water's edge with tube
- > Consider a patrol swap with a Patrol 7 member rostered on that morning, with some of
- that patrol either prepared to participate or assist.

The club is now in the process of preparing a list of those willing to be involved. This listing excludes IRB/RWC work which Scott Rayson will co-ordinate. If you are interested in assisting with powercraft please email <u>IRBCaptainsawtellslsc@gmail.com</u>.

This event needs a largish work crew to assist in the following tasks. The Club needs to know if you can support us now as otherwise, we need to approach other organizations to become involved. Please advise in person/email Bruce Macphail via coffscoastoceanswims@gmail.com

With your help and support this will be a great fundraiser and provides essential resources for the club. Plus, it is also a fantastic community event to be a part of.

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SENIORS







1110







JUNIORS











CONTACT

Sawtell Life Saving Club Fourth Ave Sawtell NSW 2452 www.sawtellsurfclub.com.au **COMMITTEE & CLUB EMAILS**

Presidentsawtellslsc@gmail.com Vicepresidentsawtellslsc@gmail.com Secretarysawtellslsc@gmail.com Treasurer@sawtellsurflcub.com.au Clubcaptainsawtellslsc@gmail.com Trainingsawtellslsc@gmail.com Jacsawtellslsc@gmail.com Registrarsawtellslsc@gmail.com IRBcaptainsawtellslsc@gmail.com Radiosawtellslsc@gmail.com Socialmediasawtellslsc@gmail.com Sponsorshipsawtellslsc@gmail.com Competitionsawtellslsc@gmail.com Gearsawtellslsc@gmail.com WH&SsawtellsIsc@gmail.com





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PONSC **MANY THANKS**