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○ SPRING

○ 2023

SAWTELL

s/lsc



Sawtell SLSC is located on the lands of the Gumbaynggirr Aboriginal people, who are the Traditional Custodians of the lands and waters from which the Club operates. Sawtell SLSC pays our respects to the Traditional Custodians and their Elders past and present.



Message from the President

Hello Sawty crew. Well we are into October already, and patrols have started, as has the warmer extended days. I'm not going to steal Marto's or Shelley's thunder, but I hear proficiencies have had good numbers and patrols have started well. If you haven't yet looked into either please reach out. Doing patrols is a great way to meet people, both locals and tourists. You also get to give back to our little community as a volunteer which always feels great.

We are so very close to filling our committee with another couple positions looking like being sorted, which I will confirm after the committee meets and they are voted in. We are however still in need of a treasurer. If you're interested but a bit nervous, you could use this year as a handover period to see how it's done before stepping up.

It's also exciting to think we will have our amazing nippers back on Sundays soon, I can't wait for the energy and enthusiasm they bring to the club. Such a great sport to not only get fit and healthy while at the same time getting great life skills for the surf and first aid, but also to make lifelong friends.

With the increase in foot traffic around the club I ask if we can please try and look after the grass at the club by avoiding bare spots. The amazing Mick will be doing his best to keep it looking

A1, but we can all help out by being mindful of our actions. We all love the grass to sit on as opposed to dirt, so let's help out.



Can I also ask that bicycles, motorbikes and cars are parked appropriately. We have bike racks, and there are carparks around. Less trip hazards by using areas correctly adds to a safer club for members and public alike.

Massive thanks to Shelley for her tireless work getting patrols sorted. Marto, Scotty, Fi and all others who either run or help out with courses over the off season, to the comitee and everyone that makes Sawty the best club on the coast.

That's it folks. Stay safe, swim between the flags, and I'll see you at the beach.



Prez

Sean Golding

10 DATES

○ | **FIRST DAY OF NIPPERS**

8 October 2023
Sawtell

○ | **BRONZE/SRC PROFICIENCY**

4 November
Sawtell

○ | **IRB PROFICIENCY**

5 November
Sawtell

○ | **IRB PROFICIENCY**

18 November
Sawtell

○ | **BRONZE/SRC PROFICIENCY**

19 November
Sawtell

○ | **BRONZE/SRC PROFICIENCY**

2 December
Sawtell

○ | **IRB PROFICIENCY**

3 December
Sawtell

○ | **NIPPERS XMAS PARTY**

10 December
Sawtell

○ | **SENIORS XMAS PIZZA AFTERNOON**

17 December
Sawtell

○ | **NIPPERS RETURNS**

7 January 2024
Sawtell

Message from the Club Captain

The club has had a successful start to the beginning of patrol season. The weather, particularly over the long weekend, has been hot and albeit a bit windy and we have seen a large number of beach goers over the holiday period enjoying themselves under the watchful eyes of our patrolling members. I would like to thank those patrol captains and vice captains, and others who attended the pre-season meeting recently and hopefully you found the information useful.

We have also commenced with our in-depth proficiencies for both the composition of the Bronze award plus the IRB. Thank you to those members who have completed the online

components and attended over the weekend. I have had some really good feedback that this year's format is really on point, informative and a good refresher coming out of the Covid years when a lot of hands on practical could not be completed. In return, I would

like to thank our members who participated for their enthusiasm and motivation to get involved. It was a lot of fun. If you have not registered to attend a proficiency, please do so at your earliest convenience as it is imperative for all patrolling members to be signed off proficient before the end of December 2023.

We are already fielding calls from other smaller clubs to assist them when they are short with patrolling members. Big thanks to Scott Rayson who attended North Beach over the long weekend to assist with IRB enabling that beach to open. It is really appreciated.



As I have mentioned in previous messages, we also have a number of patrols who are light on patrol members. Thank you to the members who are doing additional patrols to help them

out when needed. It is really important that we try and support those patrols that are light in numbers until we can build them up again, as this will assist the Club in keeping a minimum of 10 patrolling teams.

There are posts on the Club's "Sawtell SLSC Patrol Swap" members only Facebook page seeking EOI for any patrol jackets or patrol rash shirts. Orders are being taken now if you are wishing to purchase. Please let me know and I can provide you with the details. Orders close 5pm 15 October.

If anyone else needs any renewed patrol gear, please also let me know.

Thanks again for continuing to patrol, we are looking to have a great season. See you all on the beach.

Cheers



Shelley Lantry 0438 518 103

Clubcaptainsawtellspsc@gmail.com

SUPPORTERS COFFS HARBOUR DEMOLITIONS have proudly become a sponsor to both the Junior and Senior club. We are super excited and appreciative of their support towards our whole club. Keep your eye out for their logo this upcoming season.

Thank you Robbie and Amy.



Message from Chief Training Officer

SKILLS MAINTENANCE

All bronze and SRC holders are requested to access their member's portal account and log into the elearning platform to complete the 2023 Skills Maintenance.

To access the online component, there are two options available.

Mobile Device:

- > Download from the Apple store or Google store, the app 'SLS learning' (etrainingu).
- > Use your members portal username and password.
- > Click on 'My Training'.
- > Click on 'Skills Maintenance 2023/24 Bronze Medallion Theory'.
- > Complete all sections. - takes about one hour.

Desktop:

- > Access your members portal account
<https://members.sls.com.au>
- > Click on 'elearning'.
- > Click on 'Login to elearning'.
- > Click on 'My Training'.
- > Click on 'Skills Maintenance 2023/24 Bronze Medallion Theory'.
- > Complete all sections - takes about one hour

Click on Training Library then 2023 Skills Maintenance and enrol. Once completed with the online skills, members are to enrol for the practical Skills Maintenance by clicking the Training Event tab in the elearning platform and then navigating to the date they wish to do.

- > This year Bronze, SRC, ART, and Radio will be run together. IRB crewperson and IRB Drivers will have their own dates.
- > 4 Nov – IRB Drivers & Crew only
- > 5 Nov – Bronze, SRC, Resus, ART, Radio
- > 18 Nov – Bronze, SRC, Resus, ART, Radio
- > 19 Nov – IRB Drivers & Crew only
- > 2 Dec – IRB Drivers & Crew only
- > 3 Dec – Bronze, SRC, Resus, ART, Radio



UPCOMING COURSES

If you know anyone wishing to do their Bronze and come patrol on our beach we are starting a Bronze course on 8 October.

- > 8 October **BRONZE COURSE START**
- > 14 - 15 October **SILVER MEDALLION PATROL CAPTAIN - SMPC**

This course aims to equip participants with the skills and knowledge required to confidently manage a beach and a patrol as a Surf Life Saving Patrol Captain.

- > 27 - 28 October **SILVER MEDALLION AQUATIC RESCUE - SMAR** scheduled

This course is recommended for current patrolling members who wish to develop their skills in search and rescue operations.

Expression of interest of gaining any of these awards please contact me at trainingsawtellsisc@gmail.com.

Andrew Martin
0419 485 401



Nipper News

NIPPERS OUT AND ABOUT

Sawtell Nippers have had two events prior to the start of the official season.

Manly Surf Life Saving Club has been travelling to Sawtell for over 25 years to hold their annual Spring Training Camp. Each year Sawtell Nippers are invited to join the camp, and each year they look forward to it with much anticipation. For three mornings they trained with coaches from Manly for three hours and as a result have increased confidence and skill in the water, and most importantly renewed and made new friendships. Thank you again Manly for coming and sharing with us and we look forward to next year!

Straight after Manly Camp, nine Nippers travelled to Forster for the Weekend of Surf carnival. This is a two day carnival which includes ironperson, swim, board, board relay, taplin and march past events. Unfortunately owing to the unsafe conditions on the second day the carnival had to be cancelled. Sawtell's Nippers competed to the best of their ability with many top 10 placings and even more making their respective finals.

Well done Nippers!

START OF THE 2023-2024 SEASON

Our first day of Nippers is **Sunday 8 October 2023** and we look forward to welcoming returning and new Nippers and their families to Sawtell Surf Life Saving Club.

Parents and Nippers are requested to meet outside the Club at **8.45am for Muster**. Information for the day and upcoming events will be given out.

Looking forward to a fantastic season and seeing our Nippers learn, grow and demonstrate their knowledge and skills.

See you on the beach soon!

Tiffany Easman

Chairperson JASC

IRB CREWPERSON COURSE

This season we are looking at doing an IRB crewperson course at the start of the new year. Expression of interest please email Scott at IRBcaptainsawtellslsc@gmail.com or speak with your patrol captain.



WELCOME TO OUR NEW OFFICIALS



Officials play an important part within our organisation and are integral to the ongoing delivery of our sport. Officials ensure competitions are run in a safe and secure environment while maintaining rules and regulations.

Clubs participating in competitions need to fulfil a quota of officials to compete in a carnival. To officiate at competitions, individuals must nominate to the relevant club.

We look forward to working with you on the beach this season.

CLUB SPONSORSHIP

Thank you to the sponsors who are coming on board this 2023/24 season. Over the next few months, our sponsorship coordinator will be getting in touch with our sponsors about jumping on board this season. If you know anyone who wants to come on board as a sponsor, please ask them to email our Sponsorship Coordinator at Sponsorshipsawtellsisc@gmail.com

COFFS COAST OCEAN SWIMS

Planning is again underway for the Coffs Coast Ocean Swims to be held on **Sunday 7 April 2024**. Please note this date in your diaries as the Club will need the support of as many members as possible be it swimming or assisting or both to ensure its undoubted success. Please be aware that the date for the swim is dependent on many factors most of which are outside the control of the Club.

JUNIORS XMAS PARTY

On Sunday **10 December** there will be a Juniors BBQ to finish up the first half of the season. We're hoping that Santa will arrive with some lollies. If you are able to help out at the BBQ on this day please email jacsawtellsisc@gmail.com.



CLUB SECURITY

As we move into summer holiday season please ensure the roller doors on the equipment sheds are not left open and unattended. Your compliance with this request ensures the security of Club and private equipment stored in the Club buildings.

Thank you for your support.

SENIORS XMAS/SOCIAL PARTY

On Sunday **17 December**, the Senior Club will be putting on a pizza night for the patrolling and associate members. Please RSVP your attendance for catering by **Wednesday 13 December** to Socialmediasawtellsisc@gmail.com or via post on the private Facebook group "Sawtell Surf Club Members".

<https://www.facebook.com/groups/109220182177379/>.

CARNIVAL DATES

- **COOLANGATTA GOLD**
14-15 October 2023
Coolangatta
- **FIRST BRANCH CARNIVAL**
22 October
Jetty Beach
- **SECOND BRANCH CARNIVAL**
12 November
Woolgooga
- **COFFS HARBOUR CRAFT CARNIVAL**
Saturday 25 November
Coffs Harbour
- **INTERBRANCH CHAMPIONSHIPS**
2-3 December
Fingal Bay
- **SLSNSW COUNTRY CHAMPIONSHIPS**
27/28/29 January 2024
Warilla Barrack Point

MEMBERSHIPS

Membership renewals are now open on the SLS NSW members portal. <https://members.sls.com.au> Please make your membership payment at the time of renewal. Refer to the website membership tab for more information



Office of Sport



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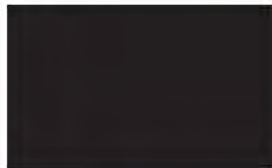
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COMMUNITY | PLANNING | PROFICIENCY

Our Club, a place to Belong, Grow and be Safe

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MANY THANKS